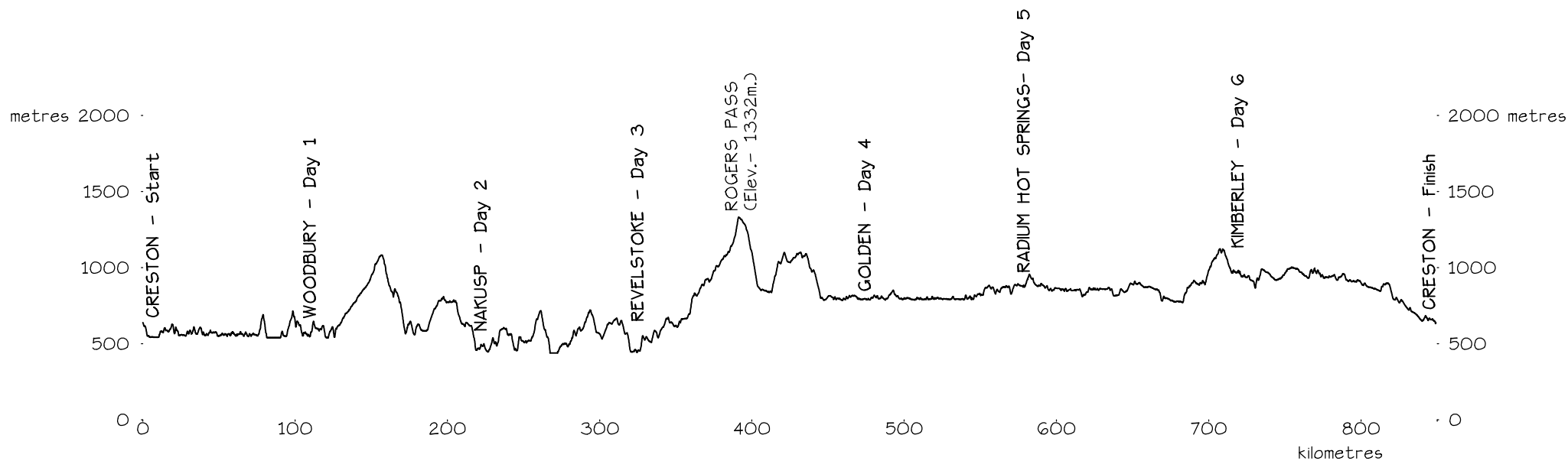


# TOUR BC 2009 - 'Kootenays-Hot Springs'

Route Profile



	<u>DISTANCE</u> (km/mi)	<u>ELEVATION</u> (m/ft)	<u>ASCENT</u> (m/ft)	<u>DESCENT</u> (m/ft)
CRESTON	0	640/2095		
WOODBURY RESORT	110/68	550/1800	1125/3695	1215/3990
NAKUSP	220/136	470/1535	1310/4295	1390/4560
REVELSTOKE	325/201	445/1455	1290/4225	1315/4305
GOLDEN	475/294	795/2610	1755/5760	1405/4605
RADIUM HOT SPRINGS	580/359	870/2860	740/2425	665/2175
KIMBERLEY	719/445	970/3175	1130/3695	1030/3380
CRESTON	850/527	640/2095	790/2595	1120/3675
<b>Total</b>			<b>8140/26690</b>	<b>8140/26690</b>